

# 2023 EDP Winter 7's Rules of Play

All games shall be played under the [Laws of the Game per IFAB](#), except as modified as follows.

## Law 1 – The Field

- The field and goal size will be appropriate for the 7v7 play format.

## Law 2 – The Ball

- The ball used will be age appropriate.
  - a. 12U & younger players will use a size 4 ball.
  - b. 13U & older players will use a size 5 ball.

## Law 3 – The Players

- 12 player game rosters, minimum of 5 players required to play game.
- Unlimited substitutions are permitted by either team at any time and on-the-fly. Player must exit the field before the substitute enters the field.
- The substitution procedures should take place in front of the team technical area.

## Law 4 – The Player's Equipment

- In the event that team colors are similar, the home team will change colors. The home team is the team listed first on the schedule.

## Law 7 – The Duration of the Match

- Games will be 25 minutes with a running clock. Teams will switch sides at approximately halfway through the game at a normal stoppage of play. No additional time will be added.

## Law 11 – Offside

- No offside.

## Law 13 – Free Kicks

- All opponents must remain 8 yards from the ball until it has been put into play.

## Law 15 – The Throw-In

- Instead of throw-ins, a kick-in restart will be utilized. The ball must be stationary and on or behind the touchline. All opponents must remain 4 yards from the ball until it has been put into play.

## Addendum & Age Specific

- There is no punting or drop-kicks permitted by the goalkeeper.
- For all 10U games, implementation of the EDP Build-Out Line Policy.
- For all 11U & younger games, implementation of the EDP Heading Policy.
- All participants will adhere to the EDP Respect & Etiquette Policy.